

| | CLD (n=18) | Normal (n=18) | <i>P</i> |
|-----|---------------------------|---------------------------|----------|
| MET | 7.9 ± 1.7 (5.1 - 11.4) | 7.7 ± 1.7 (5.7 - 11.7) | > 0.05 |

Estimated MET levels for selected physical activities

| Physical activity | MET |
|---------------------|------|
| Writing | 1.7 |
| Walking (2mph) | 2.5 |
| Golf (with cart) | 2.5 |
| Golf (without cart) | 4.9 |
| Badminton | 5.5 |
| Dancing aerobic | 6.0 |
| Karate or judo | 6.5 |
| Swimming (fast) | 7.0 |
| Hockey,field | 7.7 |
| Squash | 12.1 |

Conclusion

Despite having abnormal PFT, children with CLD demonstrated the same levels of optimal physical activity when compared to normal children

